



Newsletter

Issue 3 Term 1 Week 6

Diary Dates

TERM 1

Week 7

Mon 11/3
Public Holiday
Adelaide Cup

Tues 13/3
Years 6/7 Aquatics

Wed 13/3
AFL Clinics
Rms. 3, 5, & 7

Fri 15/3
AFL Clinics
Rms. 17 & 20

Week 8

Tues 19/3
AGM Governing
Council Mtg
2pm in library

Wed 20/3
AFL Clinics
Rms. 3, 5, & 7

Thurs 21/3
Harmony Day
Special Lunch

Fri 15/3
AFL Clinics
Rms. 17 & 20

A Message from the Principal

Dear Parents and Caregivers,

What an amazing day we had on Saturday 23rd February celebrating Karrendi Primary School's 50th birthday. I would like to thank the following people for their contributions to our special celebrations:

- Mayor Gillian Aldridge –OAM — we know Karrendi Primary School holds a special place in your heart personally so it was wonderful you could be with us
- One of our parents, Angel - thank you for your Welcome to Country
- Salisbury Council, we greatly appreciate receiving a Community Grant to help finance this event
- Our amazing staff committee who worked tirelessly to plan our 50th celebrations – what a great job they did to make the day special
- Governing Council members and parents who engaged in letterbox drops and who promoted this event in the community
- Local businesses who were willing to advertise our 50th celebrations
- Jeremy Wooster, one of our parents and owner of the business Signs, Designs and Things Online who created excellent banners we used on our fences to promote this event
- Julie, our canteen manager, Governing Council members, parents, caregivers and family members who organised, prepared and sold food regarding the BBQ and canteen
- Stallholders, community members and businesses represented

I would also like to acknowledge Karrendi Primary School staff as a collective. They are such an amazing, collaborative team who worked so hard getting ready for the event and helping on the day. Finally, thank you to everyone who attended this special event. It was wonderful to see so many past and present students, staff and families enjoying the day. It has been lovely receiving messages from people saying they enjoyed catching up with people, looking at memorabilia and sharing stories and memories.

Regards,

Mandy Alcorn - Principal



“Nude Foods”

In Room 17 this year we have been learning about Nude Foods. Nude Foods are healthy foods that use less plastic packaging. The packaging can end up in the oceans or in landfill. We are hoping to use less plastic packaging in our lunchboxes over the year. We have been using small containers for our food instead which can be reused and it saves your family money.



Wipe out Waste

We can reduce waste by packing Nude Food.

Pack

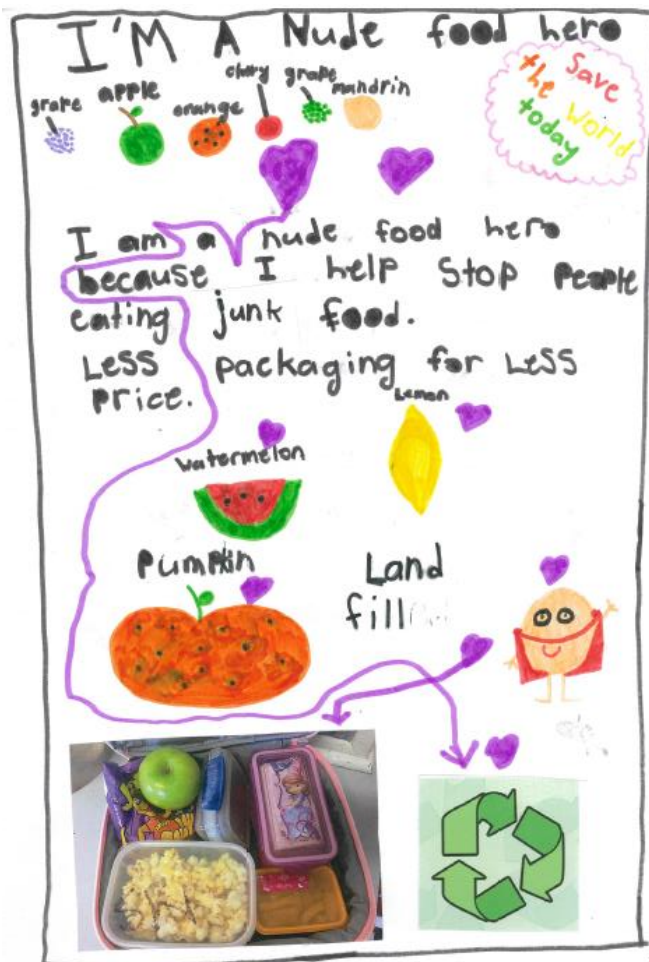
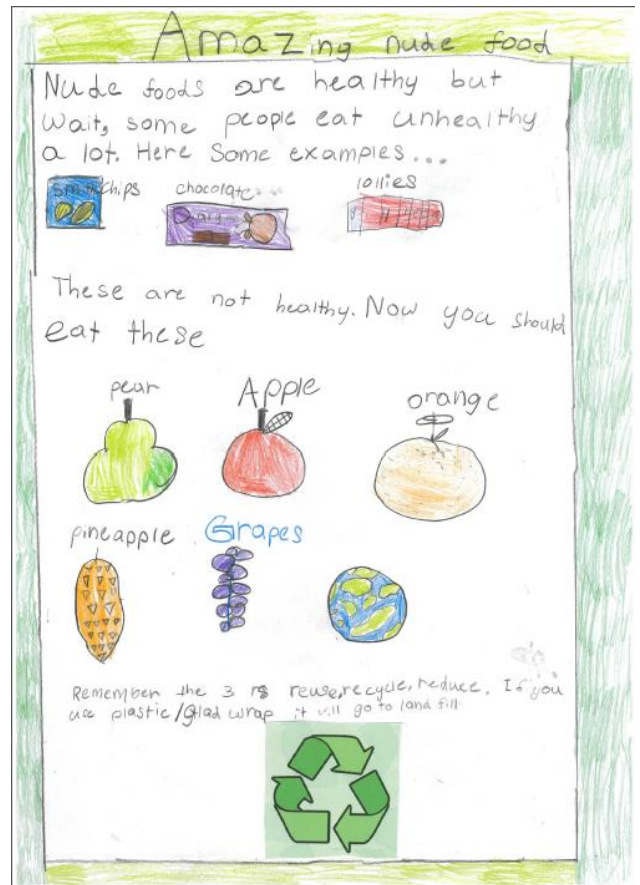
- ✓ Snacks in reusable containers
- ✓ Drinks in a reusable bottle
- ✓ Reusable utensils when needed
- ✓ A reusable lunchbox or backpack



Avoid

- ✗ Food packed in plastic bags, cling film or foil
- ✗ Single-use drink boxes, cans, cartons and bottles
- ✗ Single-use forks and spoons
- ✗ Pre-packaged or single serve food items

Here are some posters to spread our message. You will also see them displayed around the school:



Why is it important for my child to read at home?

Most teachers will set 20 minutes reading as homework each night.

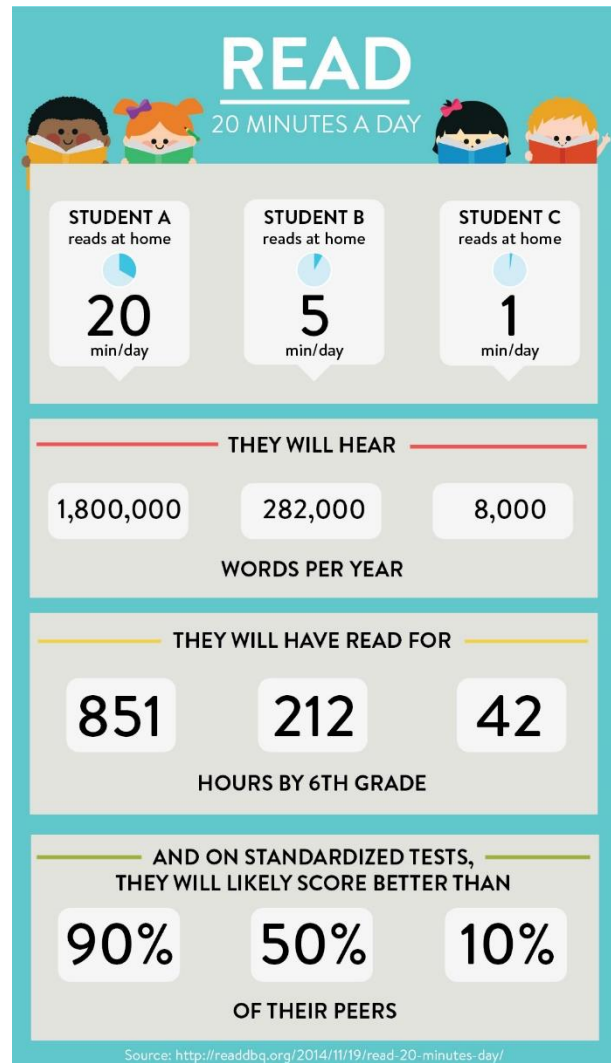
Why?

Studies have shown a strong link between reading for 20 minutes outside of instructional teaching time and a child's vocabulary development. The broader understanding of vocabulary a child has the better prepared they are for accessing the content of all learning areas.

Why reading though? Why not talking?

The vocabulary that is used in spoken language is much simpler and more common than the language in books. For instance, how often would you use the words 'fortress', 'distress', 'enchanted' and 'myth' in your daily conversation compared to a fairy tale book.

It is so important that your child is reading or being read to every day for at least 20 minutes outside of school to develop a strong and vital vocabulary. We want to work in partnership with families on developing our students' vocabulary and with your support and encouragement for reading at home we can achieve this.



Mr Perri's Positivity Post

Hi there!

PERMA

The acronym PERMA in Positive Education describes the five things that humans do to flourish and feel good in their lives.

P is *Positive Emotion*

E is *Engagement*.

R is *Positive Relationships*.

M is *Meaning and Purpose*.

A is *Achievement and Accomplishment*

In the next few Positivity Posts, we're going to explore these five aspects of 'living the good life' and talk about how you can seek out to do whichever aspects of PERMA work for you, in your daily life.

See you next time,
Mr Perri 😊